Subject: Personal Development **Kay Stage 4 Curriculum Plan** **Year:** 10

Department Information:

PD lessons are taught once a fortnight and is delivered by form tutors.

Curriculum aims and intent:

The Personal Development curriculum is designed to support pupils embody the values of the school and progress as well-rounded citizens with the life skills required to be successful in their next steps.

The PD curriculum develops pupils' character so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others.

Resources used to support learning:

External speakers

PSHE Association

Home Learning:

N/A

Assessment:

Assessment is as central to effective teaching and learning in PSHE education as it is in any other subject. It is therefore important to understand the process of, and reasons for, assessing learning in PSHE. Pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons.

How parents can help their child:

Discuss real world examples with your child and speak to them about what they have learnt about in lessons.

Term	Summary of work being covered	Knowledge, Understanding and skills assessed	How the work is assessed	Career Links
1	What is artificial intelligence?	This unit helps students understand the impacts and risks of AI and digital technologies, including misinformation, deepfakes and sharing images.	Self-assessed	N/A
2	What are healthy relationships?	This unit deepens students' understandings of consent, and helps them recognise, challenge and seek support for harmful behaviour or abuse.	Self-assessed	N/A
3	How can I make responsible health choices?	This unit supports students to make informed, healthy and reasonable choices as they transition to Key Stage 4.	Self-assessed	N/A
4	How can I stay safe?	This unit focuses on developing skills to manage situations involving alcohol, vapes or other substances.	Self-assessed	N/A
5	What is extremism?	This unit supports students to challenge bullying and harmful attitudes, promote inclusion and recognise and respond to extremism.	Self-assessed	N/A
6	How can I manage influences?	This unit helps students to evaluate online content, understand how harmful attitudes such as misogyny spread and recognise the impact of content on wellbeing, attitudes and behaviour.	Self-assessed	N/A