Subject: Personal Development **Kay Stage 4 Curriculum Plan** **Year:** 11

Department Information:

PD lessons are taught once a fortnight and is delivered by form tutors.

Curriculum aims and intent:

The Personal Development curriculum is designed to support pupils embody the values of the school and progress as well-rounded citizens with the life skills required to be successful in their next steps.

The PD curriculum develops pupils' character so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others.

Resources used to support learning:

External speakers

PSHE Association

Home Learning:

N/A

Assessment:

Assessment is as central to effective teaching and learning in PSHE education as it is in any other subject. It is therefore important to understand the process of, and reasons for, assessing learning in PSHE. Pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons.

How parents can help their child:

Discuss real world examples with your child and speak to them about what they have learnt about in lessons.

Term	Summary of work being covered	Knowledge, Understanding and skills assessed	How the work is assessed	Career Links
1	What are healthy relationships?	This unit helps students to recognise healthy and unhealthy relationship behaviours and make informed decisions about sexual health.	Self-assessed	N/A
2	Why is mental health and wellbeing important?	This unit helps students to explore strategies that support wellbeing, especially when managing workload and preparing for exams.	Self-assessed	N/A
3	What is family life?	This unit explores family life, including committed relationships and parenting responsibilities, and options in the case of unplanned pregnancy.	Self-assessed	N/A
4	Revision	This unit consists of pupils being in targeted intervention groups to prepare for their upcoming GCSE's.	Self-assessed	N/A
5	Revision	This unit consists of pupils being in targeted intervention groups to prepare for their upcoming GCSE's.	Self-assessed	N/A
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