Subject: Personal Development **Kay Stage 3 Curriculum Plan** **Year:** 8

Department Information:

PD lessons are taught once a fortnight and is delivered by form tutors.

Curriculum aims and intent:

The Personal Development curriculum is designed to support pupils embody the values of the school and progress as well-rounded citizens with the life skills required to be successful in their next steps.

The PD curriculum develops pupils' character so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others.

Resources used to support learning:

External speakers

PSHE Association

Home Learning:

N/A

Assessment:

Assessment is as central to effective teaching and learning in PSHE education as it is in any other subject. It is therefore important to understand the process of, and reasons for, assessing learning in PSHE. Pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons.

How parents can help their child:

Discuss real world examples with your child and speak to them about what they have learnt about in lessons.

Term	Summary of work being covered	Knowledge, Understanding and skills assessed	How the work is assessed	Career Links
1	How can I stay safe online?	This unit helps students to recognise how their behaviour can be manipulated online, through algorithms and targeted content.	Self-assessed	N/A
2	Why is discrimination wrong?	This unit focuses on how to create respectful and cohesive communities. It helps students recognise and challenge bias, stereotypes and discrimination and to promote inclusion.	Self-assessed	N/A
3	How can I have good wellbeing?	This unit helps students develop decision-making skills that support a healthy lifestyle and their wellbeing.	Self-assessed	N/A
4	How can I manage influences?	This unit is an opportunity for students to assess risk and support their personal safety in a range of contexts.	Self-assessed	N/A
5	Why is consent important?	This introduces a range of relationship issues facing young people, including harassment, image-sharing and gendered violence and how to get support.	Self-assessed	N/A
6	How can I prepare for my future?	This unit supports students to prepare for their futures and begin to think about their career goals.	Self-assessed	N/A