Subject: Personal Development **Kay Stage 3 Curriculum Plan** **Year:** 9

Department Information:

PD lessons are taught once a fortnight and is delivered by form tutors.

Curriculum aims and intent:

The Personal Development curriculum is designed to support pupils embody the values of the school and progress as well-rounded citizens with the life skills required to be successful in their next steps.

The PD curriculum develops pupils' character so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others.

Resources used to support learning:

External speakers

PSHE Association

Home Learning:

N/A

Assessment:

Assessment is as central to effective teaching and learning in PSHE education as it is in any other subject. It is therefore important to understand the process of, and reasons for, assessing learning in PSHE. Pupils themselves will be able to judge, for instance, whether they feel more confident, or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons.

How parents can help their child:

Discuss real world examples with your child and speak to them about what they have learnt about in lessons.

Term	Summary of work being covered	Knowledge, Understanding and skills assessed	How the work is assessed	Career Links
1	What is digital deception?	This unit explores online harms young people may be exposed to, focusing on how they can respond to deepfake AI images and misogynistic narratives.	Self-assessed	N/A
2	Why is wellbeing important?	This unit gives students the opportunity to rehearse essential self-regulation strategies and apply them to new and complex situations.	Self-assessed	N/A
3	What do I value in my future?	This unit supports students to prepare for making GCSE option choices by thinking about their career goals and future.	Self-assessed	N/A
4	How can I manage risks?	This unit helps students to assess the ways young people might be drawn into criminal behaviour and the impact of breaking the law.	Self-assessed	N/A
5	What are healthy relationships?	This unit gives pupils the opportunity to learn about consent and learn about healthy, safe sexual relationships, including using contraception.	Self-assessed	N/A
6	What is substance abuse?	This unit focuses on developing skills to manage situations involving alcohol, vapes or other substances.	Self-assessed	N/A