



# Well-being Reading list

#readingmatters

These recommendations have been enjoyed by many of our students.

**Born Scared** by Kevin Brooks

**The Manifesto on How to be Interesting** by Holly Bourne

**All the Bright Places** by Jennifer Niven

**Thirteen Reasons Why** by Jay Asher

**Optimist Die First** by Susin Nielsen

**Entangled** by Cat Clarke

**Web of Darkness** by Bali Rai

**Playlist for the Dead** by Michelle Falkoff

**Veronika Decides to Die** by Paulo Coelho

**Saving June** by Hannah Harrington

**Kite Spirit** by Sita Brahmarchari

**Tease** by Amanda Maciel

**Belzhar** by Meg Wolitzer

**Mind your Head** by Juno Dawson

**I only said I wanted to Kill Myself** by Celia Banting

**Are we all Lemmings and Snowflakes** by Holly Bourne

**Dear Evan Hansen** by Val Emmich

**Paper Avalanche** by Lisa Williamson

**The Goldfish Boy** by Lisa Thompson

**Am I Normal Yet** by Holly Bourne

**Zelah Green: One More Little Problem** by Vanessa Curtis

**The Places I've Cried in Public** by Holly Bourne

**Toffee** by Sarah Crossan

**Butter** by Erin Jade Lange

**Break the Mould** by Sinead Burke

**Positively Teenage** by Nicole Morgan

**More Happy than Not** by Adam Silvera

**Solitaire** by Alice Oseman