



5 September 2022

Dear Parents/Carers

### **The Duke of Edinburgh's Silver Award – Year 10 (2022-23 cohort)**

I am pleased to inform you that we are offering The Duke of Edinburgh's Silver Award as an extra-curricular activity to our Year 10 students. The Award is a nationally recognised qualification for young people, designed to encourage them to develop independence, commitment, leadership and teamwork, through involvement in a personalised programme of activities.

The Silver Award is made up of four parts and those taking part are required to complete all four sections in the academic year September 2022 – July 2023:

- **Skill:** Developing a new skill or continuing to improve an existing skill
- **Physical:** participating in physical activity, including sport
- **Volunteering:** being involved in an activity that benefits others
- **Expedition:** completing a training day, three-day practice and four-day assessed hike, both with overnight camping

The Physical, Skills and Volunteering sections must be undertaken once a week, with the Volunteering section being completed over 6 months. For the Physical and Skills sections, you must spend 6 months on one and 3 months on the other – your child can decide which way round to do it. If your child is going to do the Silver Award without having completed the Bronze Award, they will need to do a further 6 months either Volunteering or on one of the Physical or Skills sections. The Silver Award will, therefore, last at least 12 months unless your child has completed the Bronze Award, where it will last at least 6 months. Although students will be assisted in selecting appropriate activities and monitored throughout the delivery of the Award, completion of these sections will primarily be the responsibility of the students taking part. A suggested activities sheet is attached.

An information evening for parents/carers and students who are interested in signing up, or have questions about the DofE Silver Award, will be held on Thursday 22 September at 6pm in the school theatre.

The Expedition section will be run by Cox Green School and requires students to undertake a full day's training session (held at school), as well as one practice and one assessed expedition – the practice is three days and two nights, and the assessed is four days and three nights. The plan is to visit the Henley area for the practice expedition and The Wye Valley for the assessed expedition and this will be confirmed nearer the time. Please see the dates below. Attendance on all dates is compulsory. Students are expected to attend school the following day after the expeditions.

	<b>DofE Silver Award</b>
<b>Training</b>	Thursday 23 March 2023
<b>Pre-Expedition Information Evening</b>	Wednesday 29 March 2023 (time TBC)
<b>Practice Expedition</b>	Friday 21 – Sunday 23 April 2023
<b>Assessed Expedition</b>	Friday 14 – Monday 17 July 2023

## Commitment and Costs

Students must commit to completing all four parts of the Silver Award, with a view to completing by the end of the academic year and parents/carers must commit to support this.

The cost of registering for the Silver Award and for undertaking the expeditions is **£185**. Tents, cooking equipment and maps are provided. Students will have to have their own personal expedition equipment, for example, waterproofs, suitable footwear, rucksack and a sleeping bag. A kit list will be provided nearer the time.

There are a **maximum of 26 places** available and if you would like your child to participate in the DofE Silver Award, we request a non-refundable deposit of **£100** to be paid using your child's existing sQuid account. You will be able to do this from **7pm on Sunday 25 September 2022** (closing; 10pm on Sunday 2 October 2022). In the unlikely event that this trip oversells on sQuid, places will be allocated on a first come, first served basis, by time of booking transaction, and a waiting list will be held.

Please return the attached permission slip to Mr Morris in the Maths Office, once payment is made. For your information, the remaining payment dates are listed below. Please note that all payments can be made at any time but each one **must** be paid by the date stated:

Payment Required	To be paid by
£100 deposit (non-refundable)	at time of booking (but by 2 October 2022)
£85	28 February 2023

Please email me ([a.morris@coxgreen.com](mailto:a.morris@coxgreen.com)) to confirm your attendance at the information evening at 6pm on Thursday 22 September 2022 in the school theatre.

If you have any queries in the meantime, please do not hesitate to contact me via email.

Yours sincerely



Mr A Morris

Leader: The Duke of Edinburgh Awards

### Please note:

- Places on all trips are subject to the school expectations for the Behaviour Policy being met. Any student who receives a suspension may have their place withdrawn from the trip and no refund will be made unless the place can be resold. In addition, if the school assesses that the attendance on a trip is a Health and Safety risk to the student or to others, a place will not be allocated to that student or a place will be withdrawn and there will be no refund made unless the place can be resold.
- Should your child be unable to attend a trip due to medical reasons, we will require a Medical Certificate to apply for an insurance claim.
- If the trip is cancelled due to uncontrollable circumstances i.e. weather, Foreign/Home Office guidance, the refunding of costs will be subject to insurance cover.
- If your child is, or has ever been in receipt of free school meals, then you may be eligible for assistance with the costs of this trip, from the school's Pupil Premium funding. To make a request for assistance please contact the Finance Office via email: [finance@coxgreen.com](mailto:finance@coxgreen.com) or in writing to the school; including your child's name and form, stating that they are, or have been in receipt of free school meals. The Pupil Premium funding is to be used for educational purposes only.
- Please note that Pupil Premium support for this trip is limited to 10% of the total cost of the trip and all requests should be made by 12 noon on Friday 9 September 2022.
- Payments are to be made by the dates specified. Late or non-payment may result in your child's place being withdrawn from the trip. If you choose to withdraw your child for reasons not stated above, any costs attributed to date, must still be made.
- Should the school need to contact you in an emergency, we will use contact details supplied on your most recent OA4 Form (off-site activity form). If there are any changes to the details on this form, including any medical or dietary requirements, it is the parent/carer responsibility to inform the school.
- This is an optional trip and is not essential to the curriculum or completion of the syllabus being studied.
- There will be no insurance cover due to disinclination to travel.
- In the unlikely event that this trip oversells on sQuid, places will be allocated on a first come, first served basis by time of booking transaction, and a waiting list will be held.

**PERMISSION SLIP**

**The Duke of Edinburgh's Silver Award – Year 10 (2022-23 cohort)**

Student Name: \_\_\_\_\_  
(please print)

Form: \_\_\_\_\_

- I confirm I have paid a deposit of £100 (*non refundable*) via my child's sQuid account.
- I confirm my child will attend the Training, Practice Expedition and Assessed Expedition dates, as stated in the letter dated 5 September 2022.
- I confirm my child is committed to undertake and understands the four sections (Skills, Physical, Volunteering and Expedition) of The Duke of Edinburgh's Silver Award which needs to be completed within the academic year September 2022 – July 2023.

**Please return your permission slip to Mr Morris, by Monday 3 October 2022.**

Signed (Parent/Carer): \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

---

**Application - to be returned to Mr Morris (Maths Department).**

We anticipate that the Silver Award will be very popular. In the event that this programme is over-subscribed, we will look at the 'extra information' section on the application form, where students explain how they will benefit from this award. Please fill this section in very carefully!

**Application to participate in The Duke of Edinburgh's Silver Award**

**Section 1 – to be completed by the student**

Student name: \_\_\_\_\_ Form: \_\_\_\_\_

What clubs/extracurricular activities do you currently take part in, within and outside of school?
What could you do for your skills section (1 hour a week for 3-6 months)?
What could you do for your physical section (1 hour a week for 3-6 months)?
What could you do for your volunteering section (1 hour a week for 3-6 months)?
Extra information. In this section, explain <b>why</b> you want to do the Duke of Edinburgh Silver Award and <b>how you think you will benefit from it</b> . Complete this section carefully and in detail.

Signature of student: \_\_\_\_\_ Date: \_\_\_\_\_

---

**Section 2 – to be completed by parent/carer**

Name of parent/carer \_\_\_\_\_

Tel No: \_\_\_\_\_

Email address: \_\_\_\_\_

Your child's personal details:	
First name:	Surname:
Gender: Male <input type="checkbox"/> Female: <input type="checkbox"/>	Date of Birth:
Your child's school email address:	
If your child has registered for the DofE previously, please record the name of the Centre and their eDofE ID number below:	
Centre:	ID number:

Please indicate if your child has any of the conditions below, and provide further information.

<input type="checkbox"/>	Problems with sight or hearing	<input type="checkbox"/>	Mental health conditions
<input type="checkbox"/>	Osteoarthritis, rheumatoid arthritis, fibromyalgia or ME	<input type="checkbox"/>	Impairments due to injury to the body or brain
<input type="checkbox"/>	Any conditions which affect certain organs such as heart disease, asthma and strokes	<input type="checkbox"/>	Has or have had cancer
<input type="checkbox"/>	Learning disabilities	<input type="checkbox"/>	Multiple Sclerosis
<input type="checkbox"/>	Learning difficulties such as dyslexia and dyspraxia	<input type="checkbox"/>	Any other condition
<input type="checkbox"/>	Autistic spectrum disorders	<input type="checkbox"/>	None of these conditions

If you have indicated a medical condition above, please provide further information in the box below.

I wish my son/daughter to be considered for the Duke of Edinburgh Silver Award. I confirm that he/she will:

- Undertake between 3 and 6 months of Skill Development, Physical Activity and Volunteering
- Attend the one-day Expedition training session, the three-day Practice Expedition, and the three-day Assessed Expedition
- I understand that if my son/daughter does not complete the above activities then they may be asked to leave the programme
- I understand that if my son/daughter's attitude and behaviour fall below that which is acceptable, then they may be asked to leave the programme
- I understand once my child has been accepted, any monies paid are non- refundable

Please tick below if:

My child receives Free School Meals  I would like to be considered for financial assistance

Signed: \_\_\_\_\_ Parent/Carer Date: \_\_\_\_\_



## Suggested Activities Sheet

When completing each section of your DofE, you should develop a programme, which is specific and relevant to you. This sheet gives you a list of ideas that you could do to help you create a programme of your own.

<p><b>Volunteering Section</b></p>	<p><b>Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.</b></p>	
<p><b><u>Community action &amp; raising awareness</u></b>            Campaigning            Cyber safety            Council representation            Drug &amp; alcohol education            Home accident prevention            Peer education            Personal safety            Promotion &amp; PR Road safety  <b><u>Working with the environment or animals</u></b>            Animal welfare            Environment            Rural conservation            Preserving waterways            Working at an animal rescue centre            Litter picking            Urban conservation            Beach and coastline conservation            Zoo/farm/nature reserve work</p>	<p><b><u>Helping a charity or community organisation</u></b>            Administration            Being a charity intern            Being a volunteer lifeguard            Event management            Fundraising            Mountain rescue            Religious education            Serving a faith community            Supporting a charity            Working in a charity shop  <b><u>Helping people</u></b>            Helping children            Helping older people            Helping people in need            Helping people with special needs            Youth work</p>	<p><b><u>Coaching, teaching and leadership</u></b>            Dance leadership            DofE Leadership            Group leadership            Leading a voluntary organisation group:            Girls' Venture Corps            Sea Cadets            Air Cadets            Jewish Lads' and Girls' Brigade            St John Ambulance            Scout Association            Air Training Corps - Army Cadet Force            Boys' Brigade            CCF            Church Lads' &amp; Girls' Brigade            Girlguiding UK- Girls' Brigade            Boys' Brigade            Sports leadership            Music tuition</p>
<p><b>Physical Section</b></p>	<p><b>Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are interested in.</b></p>	
<p><b><u>Individual sports</u></b>            Archery            Athletics (any field or track event)            Biathlon/Triathlon/Pentathlon            Bowling Boxing            Croquet            Cross country running            Cycling            Fencing            Golf            Horse riding            Modern pentathlon            Orienteering            Pétanque            Roller blading Running            Static trapeze            Wrestling  <b><u>Water sports</u></b>            Canoeing            Diving            Dragon Boat Racing            Free-diving            Kneeboarding            Rowing &amp; sculling            Sailing            Skurfing            Sub aqua (SCUBA diving &amp; snorkelling)            Surfing/body boarding            Swimming            Synchronised swimming            Windsurfing  <b><u>Racquet sports</u></b>            Badminton            Matkot            Racketlon            Rapid ball            Real tennis            Squash            Table tennis            Tennis</p>	<p><b><u>Dance</u></b>            Ballet            Ballroom dancing            Belly dancing            Bhangra dancing            Ceroc            Contra dance            Country &amp; Western            Flamenco            Folk dancing            Jazz            Line dancing            Morris dancing            Salsa (or other Latin styles) dancing            Scottish/Welsh/Irish dancing            Street dancing/breakdancing/ hip hop            Swing            Tap dancing  <b><u>Martial arts</u></b>            Aikido            Capoeira            Ju Jitsu            Judo            Karate            Self-defence            Sumo            Tae Kwon Do Tai Chi  <b><u>Extreme sports</u></b>            Caving &amp; potholing            Climbing            Free running (parkour)            Ice skating            Mountain biking            Mountain unicycling            Parachuting            Skateboarding            Skydiving            Snow sports (skiing, snowboarding)            Snowkiting            Speed skating            Street luge</p>	<p><b><u>Team sports</u></b>            American football            Baseball            Basketball            Boccia            Camogie            Cricket Curling            Dodge disc            Dodgeball            Fives            Football            Hockey            Hurling            Kabaddi            Korfbal            Lacrosse            Netball            Octopushing            Polo            Rogaining            Rounders            Rugby            Sledge hockey            Stoolball            Tchoukball            Ultimate flying disc            Underwater rugby            Volleyball            Water polo  <b><u>Fitness</u></b>            Aerobics / Fitness classes            Cheerleading            Gym work            Gymnastics            Medau movement            Physical achievement            Pilates            Running/jogging/walking            Trampoline            Weightlifting            Yoga</p>

Skills Section	Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.	
<p><b>Performance arts</b>  Ballet appreciation  Ceremonial drill  Circus skills  Conjuring &amp; magic  Dance appreciation  Majorettes  Puppetry  Singing  Speech &amp; drama  Theatre appreciation  Ventriloquism  Yo-yo extreme  <b>Science &amp; technology</b>  Aerodynamics  Anatomy  Astronomy  Biology  Botany  Chemistry  Ecology  Electronics  Engineering  Entomology  IT  Marine biology  Oceanography  Paleontology  Physics  Rocket making  Taxonomy  Weather/meteorology  Website design  Zoology  <b>Care of animals</b>  Agriculture (keeping livestock)  Aquarium keeping  Beekeeping  Caring for reptiles  Dog training &amp; handling  Horse/donkey/llama/alpaca handling &amp; care  Keeping of pets  Looking after birds (i.e. budgies &amp; canaries)  Pigeon breeding &amp; racing  <b>Music</b>  Church bell ringing  Composing  DJing  Evaluating music &amp; musical performances  Improvising melodies  Listening to, analysing &amp; describing music  Music appreciation  Playing a musical instrument  Playing in a band  Reading &amp; notating music  Understanding music in relation to history &amp; culture  <b>Natural world</b>  Agriculture  Conservation  Forestry  Gardening  Groundsmanship  Growing carnivorous plants  Plant growing  Snail farming  Vegetable growing</p>	<p><b>Games &amp; sports</b>  Cards (i.e. bridge)  Chess  Clay target shooting  Cycle maintenance  Darts  Dominoes  Fishing/fly fishing  Flying  Gliding  Go-karting  Historical period re-enacting  Kite construction &amp; flying  Mah Jongg  Marksmanship  Model construction &amp; racing  Motor sports  Power boating  Snooker, pool &amp; billiards  Sports appreciation  Sports leadership  Sports officiating  Table games War games  <b>Life skills</b>  Alternative therapies  Cookery  Democracy in action  Digital lifestyle  Driving: car maintenance/car road skills  Driving: motorcycle maintenance/road skills  Event planning  First Aid – St John/St Andrew/BRCS  Hair &amp; beauty  Learning about the emergency services  Learning about the RNLI (Lifeboats)  Library &amp; information skills  Life skills  Massage  Money management  Navigation  Public speaking and debating  Skills for employment  Young Enterprise  <b>Learning &amp; collecting</b>  Aeronautics  Aircraft recognition  Anthropology  Archaeology  Astronautics  Astronomy  Bird watching  Coastal navigation  Coins  Collections, studies &amp; surveys  Comics  Contemporary legends  Costume study  Criminology  Dowsing &amp; divining  Fashion  Forces insignia  Gemstones  Genealogy  Heraldry  History of art  Language skills  Military history  Movie posters  Postcards  Reading  Religious studies  Ship recognition  Stamp collecting</p>	<p><b>Creative arts</b>  Basket making  Boat work  Brass rubbing  Building catapults &amp; trebuchets  Cake decoration  Camping gear making  Candle-making  Canoe building  Canvas work  Construction  Ceramics  Clay modelling  Crocheting  Cross stitch  DIY  Dough craft  Drawing  Dressmaking  Egg decorating  Embroidery  Enamelling  Fabric printing  Feng Shui  Floral decoration  French polishing  Furniture restoration  Glass blowing  Glass painting  Interior design  Jewellery making  Knitting  Lace making  Leatherwork  Lettering &amp; calligraphy  Macramé  Marquetry  Model construction  Mosaic  Painting &amp; design  Patchwork  Photography  Pottery  Quilting  Rope work  Rug making  Snack pipping  Soft toy making  Tatting  Taxidermy  Textiles  Weaving and spinning  Wine/beer making  Woodwork  <b>Media &amp; communication</b>  Amateur radio  Communicating with people who are visually impaired  Communicating with people who have a hearing impediment  Film &amp; video making  Journalism  Newsletter &amp; magazine production  Signalling  Writing</p>