THE DUKE OF EDINBURGH'S AWARD

What is the DofE?

YOUTH
WITHOUT
LIMITS

Welcome

Parent and Carer Information and Q&A Session

DofE South East Regional Team

Mr Morris, DofE Leader, CGS
Mrs Feetham, DofE Manager, CGS
Miss Stockwell, DofE Bronze Leader, CGS

The DofE

Our mission

To inspire, guide and support young people in their self-development and recognise their achievements.

Our Guiding Principles

Non-competitive
Voluntary
Personal development
Personalised
Balanced
Progressive
Achievement focused
Demand Commitment
Enjoyable
Achievable by all

What is involved?

What is involved?

- There is a **huge choice** of activities that count towards a DofE programme
- Activities could be something they are already doing or completely new
- All activities must be **outside of normal school curriculum**. Lunch and after school clubs & activities can count.
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**

Volunteering

It's about choosing to give time to something useful, without getting paid.

- Raise money for a local charity
- Opportunities within the local community (local papers/Social media). Is there a community organisation or individual that needs support? e.g. Helping an elderly neighbour / litter picking / community run shop or cafe
- Skype talk / facetime / WhatsApp/ Zoom call to an elderly relative or neighbour to prevent them from feeling isolated
- Helping at school library or clubs

Unfortunately volunteering at commercial businesses cannot be accepted

Physical

Being active, anything that requires a sustained level of physical energy and involves doing an activity

- Walking in the local area
- Fitness challenges
- Couch to 5k
- Online Yoga/Pilates
- YouTube fitness video
- Circuit training at home
- Individual or team sports

Skill

To develop practical and social skills and personal interests by developing a new skill or improving an existing one

- Complete an online course
- Learn to play an instrument
- Coding
- Photography
- Cooking
- Sign language
- Studying religious text
- Learning first aid
- Gardening
- Magic tricks
- Research family tree
- Painting, drawing or model making
- Extra-curricular languages
- Coaching

Expedition

Exploring the countryside and camping under the stars in small groups. During the expedition they will be unaccompanied and self-sufficient learning valuable life skills such as teamwork, leadership and resilience.

Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including…. Camp craft Map Skills, First Aid,	2 days and 1 night	2 days and 1 night	At least 6 hours during the daytime
Silver	Including…. Camp craft Map Skills, First Aid,	3 days and 2 night	3 days and 2 night	At least 7 hours during the daytime
Gold	Including…. Camp craft Map Skills, First Aid,	4 days and 3 night	4 days and 3 night	At least 8 hours during the daytime

DofE Expedition Kit

Get prepared for expedition season. The DofE builds great partnerships with expert kit suppliers and manufacturers so we can recommend kit suitable for DofE expeditions.

DOWNLOAD THE DOFE EXPEDITION KIT LIST

Residential – Gold ONLY

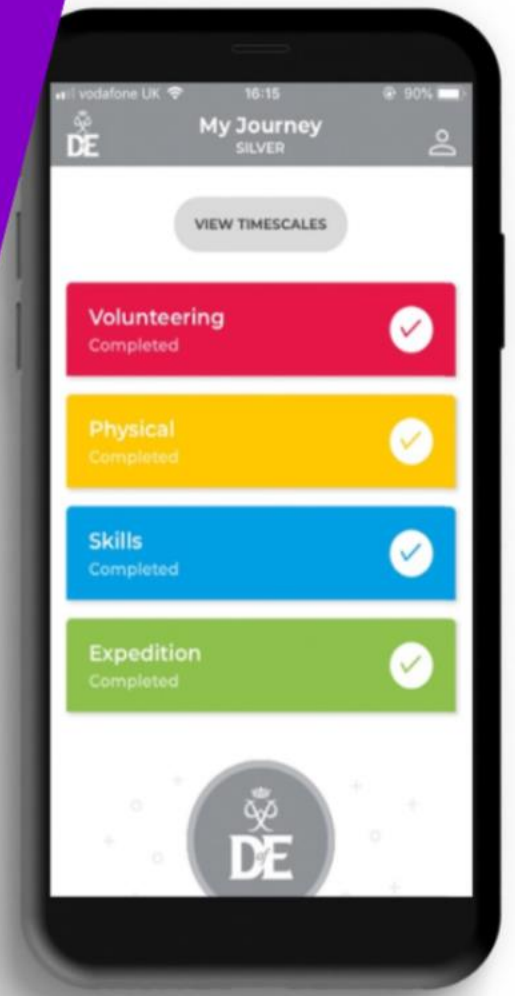
Working, learning and staying away from home for 5 days 4 nights.

It's a great opportunity to build new relationships with people you have not met before, whilst working as part of a team to achieve shared goals, staying in shared accommodation.

- University taster course
- Language course
- Cookery courses
- Outdoor activity centre
- Conservation projects
- Zoo Keeper course
- First Aid course
- Summer Camps

Getting Started

Welcome Packs, eDofE and the DofE Card



YOUTH WITHOUT LIMITS

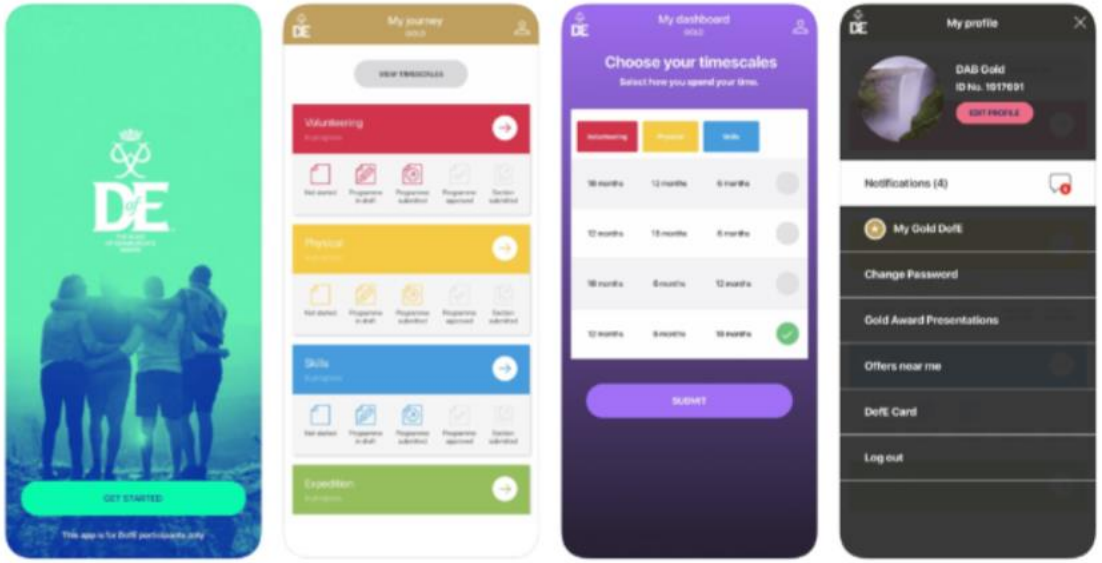
eDofE and the Participant eDofE App

eDofE is our digital system where participants record their DofE programme and activities online, and get each section approved by a DofE Leader.

Participants can check their progress throughout their programme and submit evidence in a variety of formats.

Participants can sign into eDofE by clicking the ‘eDofE login’ button in the top right of any page of the website, or visit edofe.org

Access eDofE on the web or using the official smartphone app



GET IT ON Google Play

Download on the App Store

Welcome Pack

The DofE sends Welcome Packs directly to new participants' homes when they register their address on their eDofE profile.

The Welcome Packs include five main elements:

– Information for participants
– Information for parents and carers
– Participant's DofE Card
– Assessors' cards
– A guide to choosing expedition kit.

You can download digital copies of the contents of the packs on dofe.org.

DofE Rewards

The DofE Discount Card

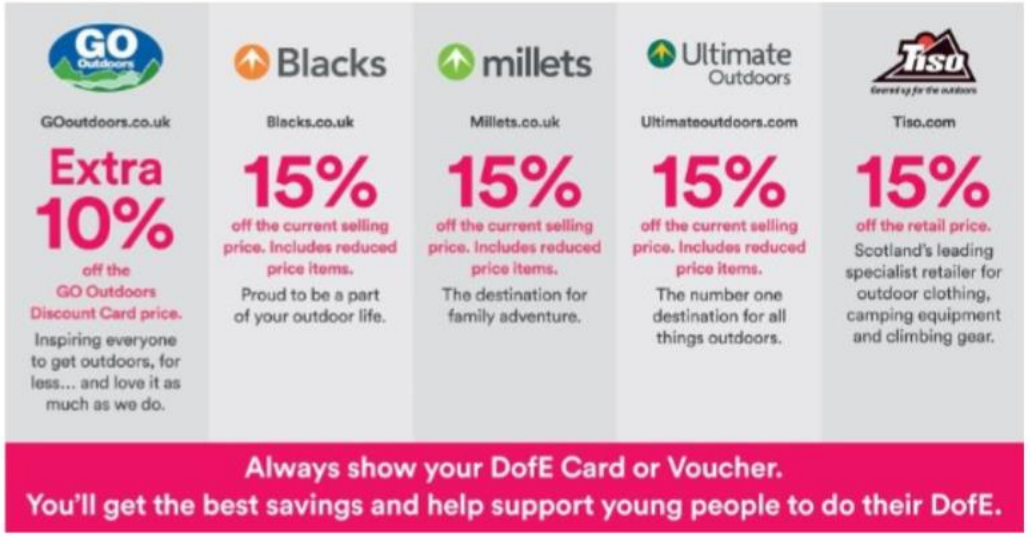
DofE participants receive a discount for being part of the DofE network.

It gives a discount at a number of fantastic retailers in-store and online.

Discover all DofE offers on our website www.DofE.org

eDofE Mapping

The OS eDofE Mapping system is accessible via eDofE, allowing participants to create personalised maps



Assessor Reports

WHO & HOW

Assessor Reports – Who

An Assessor can be anyone who is interested in helping a participant complete a section and achieve their Award, has some knowledge about it (although they don't need to be an expert!) and is available over the time you're doing their activity.

They **cannot be a family member** (to maintain the integrity and value of your Award), but they could be:

- A family friend
- Your DofE Leader
- A DofE volunteer or helper who helps with the group (your DofE Leader can help put you in touch)
- A teacher/tutor from school
- Another youth leader, if they belong to a youth club, Scouts, Cadets etc.
- Must be over 18

Assessor Reports – How

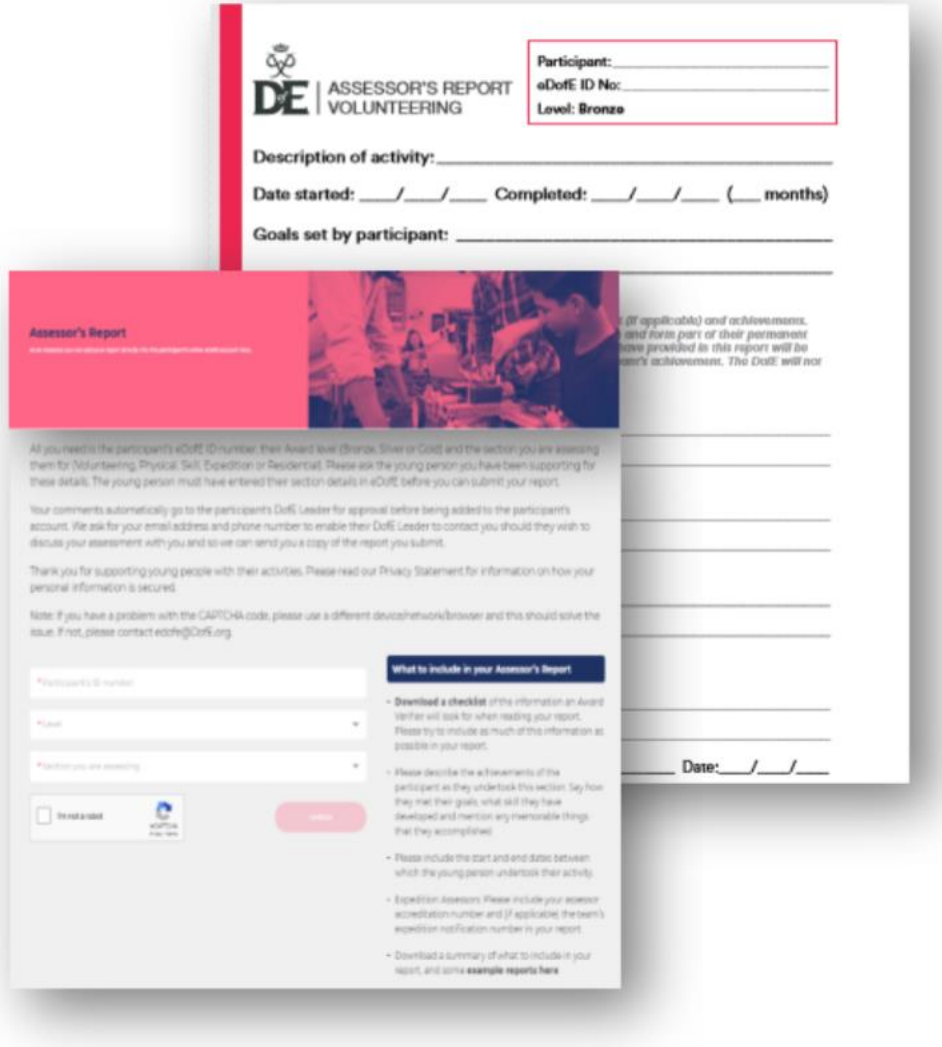
There are two ways to submit Assessor's Reports

1. The assessor can complete the sectional Assessor's Report Card, found in a participant's Welcome Pack

2. Alternatively an assessor report can be directly uploaded into the participant's online eDofE account via DofE.org/assessor

The assessor will need:

- The participant's eDofE ID number.
- The participant's Award level.
- The section they are assessing them for.



On completion of their award….

LifeZone

Our careers hub for participants and Award holders – helping you describe the huge variety of skills and experience you've gained from doing your DofE that will make you stand out to employers, colleges and universities and that you'll be able to use in the workplace.

Gold Award Presentations

FAQs

- The school/LO will enrol your son/daughter onto DofE via eDofE and they will receive an email with their log in details
- Participants must complete an hour a week, if they miss a week, that's not a problem, just add it on at the end
- Participants can change activity if needed
- Assessors only need to add one report at the end of the time commitment
- Evidence can be uploaded such as pictures/ blog/recipes etc each week
- The same person can assess for each section if needed (Not a family member)
- All three sections can be run concurrently.

DofE England in numbers
April 2024 - March 2025

512,599
Young people actively doing their DofE

START **306,342**
Young people started their DofE journey

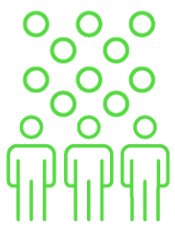
Over **4.6 million**
volunteering hours given by young people

£29.5m
Estimated total value of volunteering hours given in support of others

Awards started
★ Bronze 211,646
★★ Silver 67,800
★★★ Gold 26,896

148,456
Awards were achieved

Awards started by marginalised young people



45,831 (15%)
Experiencing poverty

89,081 (29.1%)
From minority ethnic backgrounds

25,618 (8.4%)
Have additional needs

33%
Of 14 year olds in England started their Bronze DofE

33,812
Leaders and volunteers delivering DofE programmes

4,520
Licensed Organisations delivering the DofE

DofE.org

The Duke of Edinburgh's Award is Registered Charity no. 1072490, and in Scotland no. SC038254, and a Royal Charter Corporation no. RC000806.

Thank you

to
The Duke of Edinburgh's Award participants
from
Cox Green School

who spent
1131 Hours

volunteering between 1 April 2024 and 31 March 2025.

We are immensely proud of the dedication, effort and achievement of young people making an impact in their community.

The social value of these hours is
£7238

Ruth Marvel OBE, Chief Executive

June 2025

What happens next?

How does DofE work at Cox Green School?

- Mr Morris – DofE Leader
- Mrs Feetham – DofE Manager
- Mrs Warner – DofE Verifier
- Miss Stockwell – DofE Bronze Leader
- Miss Duffin – DofE Bronze Support

- Other staff volunteer to help on Expeditions

How does DofE work at Cox Green School?

- **Students are able to sign up for the DofE Awards on Sunday 27 September at 7pm via your iPay account on a first come, first served basis** **(closing: 10pm Wednesday 30 September)**

- **Regular check in meeting to monitor progress**

DofE compulsory training days - 2027

- **Bronze** **Wednesday 26 May**
- **Silver** **Wednesday 10 March**
- **Gold** **Wednesday 3 March**

Pre-expedition Information Meeting - 2027

- **Bronze – Wednesday 26 May (6pm)**
- **Silver – Wednesday 10 March (6pm)**
- **Gold – Wednesday 3 March (6pm)**

Expedition compulsory dates - 2027

- **Bronze**
  - **Practice** **Friday 18 – Saturday 19 June**
  - **Assessed** **Friday 25 – Saturday 26 June**
- **Silver**
  - **Practice** **Friday 16 – Sunday 18 April**
  - **Assessed** **Friday 2 – Monday 5 July**
- **Gold**
  - **Practice** **Friday 19 March - Tuesday 23 March**
  - **Assessed** **Friday 9 – Wednesday 14 July**

How does DofE work at Cox Green School?

- The monies paid to the school covers the cost of registering for the Award and for undertaking the expeditions. The equipment supplied includes tents, cooking stove, gas and maps.

- Students will require their own personal expedition equipment, for example; waterproofs, suitable footwear, rucksack and a sleeping bag.

- A kit list will be provided nearer the time.

Any questions?