

11 - 15
MAY 2026

COX GREEN SCHOOL NEWSLETTER

Dear Parents and Carers,

The exams are now underway and we have been very pleased with the students' focus and resilience as they approach their exams. Should your child feel overwhelmed or wish to discuss any concerns, we encourage them to reach out to their Head of Year or SAFE Manager—we are here to listen and help them navigate this time successfully. To our students, stay confident in your preparation, maintain a revision schedule, and importantly, make time for rest and self-care between exams. Best of luck!

Next week, the Heads of Year will begin handing out the new mobile phone pouches to the students. These will be given to students on the below dates during tutor time:

- Monday - Year 10
- Tuesday - Year 9
- Wednesday - Year 8
- Thursday - Year 7

The students will be asked to fill out their name on the back of the phone pouch and will need to keep these safe at home. From Monday 1st June (first day back after half term), the new mobile phone policy will be in operation, and students will be expected to lock their phone away in their phone pouch once on school site. In the event that the student forgets to bring their pouch, they will be asked to store their phone at reception until the end of the day.

For more information about the introduction of the mobile phone pouches, please view the tab on the school website here:

<https://www.coxgreen.com/index.php/phone-free-school>



RECENT LETTERS:

MAGIC SCHOOL HOME LEARNING
YEAR 10 - RS TRIP TO LONDON

Mr Edwards

Weekly Calendar: Timetable Week 2

| | |
|-------------------------------------|--|
| Monday 18 th May 2026 | <ul style="list-style-type: none"> • None |
| Tuesday 19 th May 2026 | <ul style="list-style-type: none"> • Visit to Brasenose College, Oxford University (Year 12) |
| Wednesday 20 th May 2026 | <ul style="list-style-type: none"> • DofE Bronze Training Day |
| Thursday 21 st May 2026 | <ul style="list-style-type: none"> • Year 11 Leavers' Afternoon (Invitation only) |
| Friday 22 nd May 2026 | <ul style="list-style-type: none"> • Year 11 Last Day (Celebration Assembly) • End of Term - school to close at 3pm. |

COX GREEN SCHOOL SCHOOL NOTICES



Virtual Coffee Morning: Eating and food

Friday 22nd May - 10:00 - 11:00am

Join our online informal discussion.

What to expect?

Respectful and supportive discussion including:

- What works for your family at meal times
- What are your concern areas around eating
- How do you support your child with eating
- How you handle food centric activities and celebrations
- Eating out

25 spaces
available!

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/awaiting assessment/diagnosed)

To book your place contact GEMS:

Gems.4Health@nhs.net 0800 999 1342

WE NEED YOUR HELP



Our Sixth Form IT students need to evaluate different databases as part of their A Level coursework.

If you would be happy to come in and talk to students about the database systems you use in work, and demonstrate the different functions available, please contact Miss Hughes (s.hughes@coxgreen.com)



Virtual Coffee Morning - Family, siblings and homelife

Friday 19th June - 10:00 - 11:00am

Join our online informal discussion to cover the following areas:

- Creating a home that works for everyone's needs and rhythms
- Supporting sibling bonds
- Navigating family tensions with empathy and realistic expectations
- Letting go of 'perfect' parenting

25 spaces
available!

Please note this is not a workshop but support group for parent/carers and any medical advice should be sought from your medical practitioner.



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Uniform Donations

We would love to receive donations of uniform that your child has outgrown or no longer needs for our pre-loved uniform shop.



Please drop in any good condition and cleanly laundered uniform for the attention of Miss Shaw at Reception.

COX GREEN SCHOOL SCHOOL NOTICES



Congratulations to Amelia B for her recent achievements in gymnastics. Amelia took part in three events and took home two gold medals. Well done!



OFFICIAL REOPENING OF THE POND

SATURDAY 13TH JUNE 2026
AT LENT GREEN LANE

SPEECHES 11:30-11:50 AM
including the unveiling of the new pond information board by the Lord-Lieutenant of Buckinghamshire, The Countess Howe.

FUN ACTIVITIES FOR CHILDREN 11:50 AM-1:30 PM

ALL WELCOME!



BEST KEPT VILLAGE 2026

We have entered the Best Kept Village competition again this year!

Judging is due to take place between 1st June- 14th July.

Please continue to do your bit to keep Burnham looking at its best all year round!

www.burnhamparish.gov.uk
www.bucksbkv.co.uk

Our students raised over £80 with their tombola and bake sale Well done!



MENTAL HEALTH AWARENESS WEEK
11-17 MAY 2026

**Everyone deserves good mental health.
For more tips and information visit mentalhealth.org.uk**

WHAT WE DID THIS WEEK



Year 7

Stars of the Week

Jaylen Williams

Nominated for excellent efforts, collaboration and commitment in English. Well done!

Samah Yasmine Naqashi

Stefania Bordeianu

Mykhailo Tyshkovskiy

and Daria Obreja

Nominated for their fantastic work in Art for the colours project.

Ollie Williams

Nominated for an amazing title page for Japanese print project.

Joel Leung

Nominated for great recognition of key literacy terms across French and Spanish lessons.



Year 7

Year 7 cooking club worked really well in teams. The students were very proud of their pizza swirls, cinnamon swirls and butter biscuits.



Year 8

Stars of the Week

Laura Harris

Nominated for kindness towards peers and making a positive difference to another student's day. Well done!

Jaymi Lally

Nominated for kindness towards peers. Jaymi's calm manner and suggestions went a long way to help find the lost property. Well done!

Rohini Challa

Eve Woodley

Lewis Edwards

and Josie Bishop

Nominated for their effort in the portrait project in Art. Their teachers were very impressed with the quality of work.



Year 8

Year 8 students have been creating striking self-portraits in their Art lessons this week.



The students considered shading and line work to create their portraits.

WHAT WE DID THIS WEEK



Year 9

Stars of the Week

Eissah Salamut

Nominated for great teamwork when exploring another form of the future tense in French.

Daisy Francis

George Myles

Charlie Walton

Emma Young

and Zach Conway

Nominated for excellent effort in class this week. Well done!

Kian Wilson

Nominated for being helpful and kindly helping a staff member with the parcel deliveries.



Year 9 students recently paused their PE lessons to participate in Drop Everything and Read in the gym! The students explored the texts, discovering new authors and genres. Meanwhile in Design Technology, Year 9 continued to work on their jam jar sweet dispensers, finishing off the stands and preparing the handles.

Year 9



Year 10

Stars of the Week

Chloe Sloane

Wariyam Sekhon

Ruby Reilly

Mahek Mullick

Alfie Macarthur

Guneet Chhokar

Keira Merkel

Charlotte Haward

Klenam Gemegah

Maddison Edwards

Isabelle Baldacchino

Olivia Cecaro

and Gavneet Boyal

Nominated for their hard work and great contributions in Psychology class.

Well done!

During their assembly, Year 10 took part in Mental Health Awareness week and explored ways to prioritise good mental health. We have included some of the strategies discussed below and more information can be found at:

<https://www.mentalhealth.org.uk/>

1. OPEN THE WINDOWS
For a quick mental health boost, try opening your windows. Letting fresh air in and stale air out can allow natural light to come in, help you feel closer to nature and lift your mood.



2. TRY CHAIR YOGA
Chair yoga lets you enjoy the health benefits of yoga while sitting down. It's a great way to reduce stress quickly, help you sleep, and improve mood fast.

3. HEAD OUTSIDE

Spending time in nature is linked to lower stress levels, improved mood and better concentration. Even brief outdoor activities like a walk in a local park, gardening or sitting in a green space, can provide real benefits.



5. DRINK WATER

Staying hydrated can help you concentrate, improve short-term memory, and boost your overall mood, making it one of the simplest mental wellness tips.



7. TRY A BREATHING EXERCISE

Deep breathing exercises can bring instant stress relief and relaxation, as well as help you get a better night's sleep.



9. PRACTICE GRATITUDE

Remind yourself each day of three things you are grateful for.



4. TRY A MINUTE OF MINDFULNESS

When we're stressed or anxious, mindfulness can be a great way to break the cycle and bring ourselves back into the moment. You don't have to spend ages doing it to feel the benefits.



6. PHONE A FRIEND

Call a friend, family member, or loved one for a catch-up, some fun conversation, and emotional support.



8. CREATE A RELAXING BEDTIME ROUTINE

Good quality sleep helps your brain work better, improves your mood, and is good for your overall health. Having a pre-sleep ritual, something as simple as settling down in bed with a book and a warm decaffeinated drink, can help you wind down ready for sleep.



10. BE KIND TO YOURSELF

If you're finding it hard to cope in the moment, try not to beat yourself up. Instead, aim to appreciate or celebrate the smaller things you've done.



COX GREEN SCHOOL

WHAT WE DID THIS WEEK



Year 11
Stars of the Week

Aadi Ghafadgi

Nominated for excellent effort and engagement with revision.



Year 11

As the students are now focused on revision, for the next few weeks, we will include photos capturing the students enjoying some downtime during their breaks.



Miss Burke's A-Level English class enjoyed taking part in the judge and jury challenge.

Using characters from *A Streetcar Named Desire*, the students split into groups and put the characters under trial, considering if the protagonist was a victim or a villain!

Sixth Form



SPORTS NEWS

| Date | Sport | Age Group | Opposition | Home / Away | Competition | Results |
|---------------------------------------|-----------|-------------------|------------|-------------|-----------------|-----------|
| Monday 11 th May 2026 | ATHLETICS | U15, U17 & U19 | TVAC | Away | District Trials | TBA |
| Thursday 14 th May 2026 | ROUNDERS | Y7 GIRLS | Charters | Away | Tournament | Cancelled |

| Date | Sport | Age Group | Opposition | Home / Away | Time | Competition |
|--|-----------|-----------|------------|-------------|-------|-------------|
| Monday 18 th May 2026 | ROUNDERS | Y10 GIRLS | Charters | Away | 16.00 | Tournament |
| Wednesday 20 th May 2026 | ATHLETICS | Y7 & Y8 | TVAC | Away | 16.00 | RBWM League |
| Thursday 21 st May 2026 | ROUNDERS | Y8 GIRLS | Charters | Away | 16.00 | Tournament |

U16 TRIALS FOR 26/27

U16 academy side seeking players for the 26/27 season

- ✓ U16 JPL National League fixtures
- ✓ Pathway to U18s, U19s and First team
- ✓ UEFA Licensed Coaches
- ✓ Veo-recorded matches and analysis

Trial Details:

14th May @ 18:00-20:00
(short-listed players will be invited to a final trial on 21st May)

Open to players currently in years 9 and 10

Berkshire College of Agriculture, SL6 6QR (grass pitch)

TYPE IN YOUR BROWSER: [BIT.LY/MUFCU16TRIALS](https://bit.ly/mufcu16trials)

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