

# **DofE Bronze Award - Expeditions**



### **Be Respectful**

#### **Be Kind**





Mr Morris Trip Leader



Miss Killick Deputy Trip Leader



**Miss Winchcombe** 



**Be Respectful** 



Mr Williamson Mrs Lipscombe-Holmes Miss Brown

**Be Kind** 



**Mr Davidson** 



**Miss Stockwell** 



|          | Group A                             | Group B                           |
|----------|-------------------------------------|-----------------------------------|
| Practice | Friday 23 to<br>Saturday 24<br>June | Sunday 25 to<br>Monday 26<br>June |
| Assessed | Friday 7 to<br>Saturday 8<br>July   | Sunday 9 to<br>Monday 10<br>July  |

I Be Kind Be Determined

**Be Respectful** 





**Be Kind** 



- Students will be in a 2 or 3 person tent
- Students are not to go into each others tents

**Be Kind** 



- School will provide the tents, stoves, gas and maps.
- Students will need to supply all the other kit (discount is available)
  - Kit list
    - Shoes
    - Food & Drink

### Please note that due to allergies, students must not to bring items that contain nuts.

**Be Determined** 

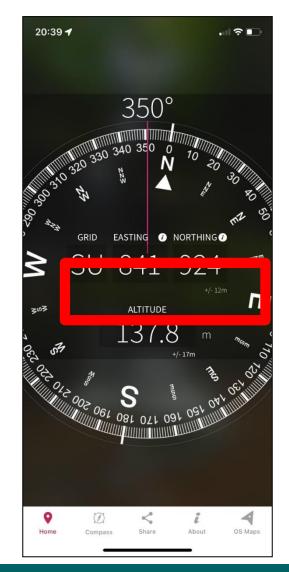
**Be Kind** 



## **Health & Safety**



# **OS Locate**



#### **Be Respectful**

**Be Kind** 



- Please read the following information with your child about Ticks & Lyme's Disease:
- <u>https://www.nhs.uk/conditions/lyme-disease/</u>
- I will also remind the students about being vigilant regarding ticks and checking themselves.

Be Respectful Be Kind Be Determined



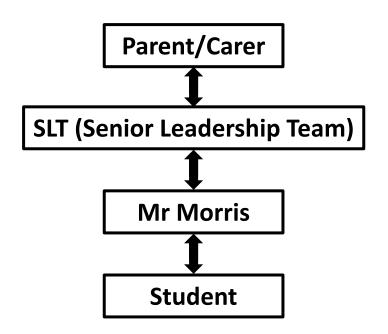
We live in the real world now and we like you to bring a phone for emergencies. The rule is that you should be trusted not to be communicating with others outside of your group, therefore a leader can ask you any time and if your phone is not on airplane mode then this could jeopardise your entire group expedition. You should only take it off airplane mode to call a leader or 999, DO NOT CALL HOME WITHOUT SPEAKING TO YOUR LEADERS. Do not use your phone at school or whilst walking for music.

Be Respectful

**Be Kind** 



- Follow updates via Twitter @CoxGreenDofE
- For <u>emergencies only</u>, please use the emergency number provided (this will be issued the week of the trip)



Be Respectful Be Kind Be Determined



- Complete Residential Medicine Form for ANY medication your child requires for the duration of this trip
- Only provide enough medication for the duration of the trip
- Students are to carry their own medication and log on the form when medication has been taken
- Check the emergency contact details on the OA4 form are correct – make any amendments as necessary for the duration of this trip only
- Return OA4 form to Mrs Feetham by this coming Monday morning – or hand in now before you leave

### Be Respectful Be Kind Be Determined





**Be Kind**